

SAGE LEADERSHIP

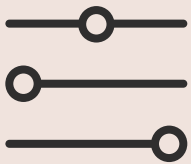


6-MONTH COACHING & DEVELOPMENT PROGRAM



1:1 COACHING

All leadership begins with self-leadership. Individual coaching with new leaders helps to get them started on the right foot before establishing unhealthy habits. Competing priorities and organizational inertia make it hard for new leaders to establish their team culture and tap into a leadership style that works for them. On top of that, they carry the weight of meeting organizational demands while leading team members with compassion and humanity. Leadership coaching can change a leader's relationship to oneself and to others so that their unique impact is more powerful and sustainable.



CUSTOMIZED TRAINING AND DEVELOPMENT

Many leaders are uncomfortable setting expectations, giving and receiving feedback and navigating healthy conflict. These are learned skills. Research shows leaders are more often made than born. The leader's toolkit is constantly changing. Just delegating and holding accountability doesn't cut it anymore. In this program, new leaders consider their role in creating culture, what impacts employee engagement, the keys to effective communication, generative conflict, psychological safety and more.



MENTAL FITNESS APP

This app is for exclusive use of participants in the Positive Intelligence Program, which is based on the New York Times bestselling book of Stanford lecturer Shirzad Chamine.

The Positive Intelligence program raises your PQ (positive intelligence quotient) levels significantly in as little as 6 weeks. Its foundation lies in recognizing and intercepting mental thoughts and habits that sabotage us and activating the part of the brain that is connected to a far more effective and stress-free performance mode.